# BREWTOWN RECREATION: COED VOLLEYBALL RULES

### **ROSTER RULES**

- A Coed Team consists of 6 players (4 men, 2 women)
  - ✓ To avoid a forfeit, a team will be allowed to play with 4 players (minimum of 1 woman)
  - ✓ Men are NOT allowed to substitute for absent female players
  - ✓ A team can play more women than men, if so desired
- The roster limit is 12 players
- All players MUST be listed on your online roster
- In order to be eligible for league tournaments, all players must play at least 1 game in the regular season

### **MATCH SCORING**

- Teams will play 1 match per week (consisting of a 3 game series)
- Games will be played to 25 points (win by 2 or first to 29)
- The team that wins 2 out of 3 games wins the match. All 3 games count towards the standings
- All matches will be rally scoring (points will be awarded to either the serving or receiving team)
- (1) Timeout is allowed per game

### **LEAGUE SUPERVISOR**

- The League Supervisor will be present for all matches and responsible for the following:
  - ✓ Court & Equipment Setup
  - ✓ Awarding MVP Coupons
  - ✓ Rule Enforcement for specific matches (*if applicable*)

## TEAM HITS

- Teams are entitled to three hits (in addition to blocking) for returns
- A ball may touch any part of the body. The ball is still in play if it rebounds off a player's foot
  - A player may not hit the ball two times consecutively except when fielding the ball from a spike or serve and must be one single motion. (i.e. double hit)
- The ball can make contact with the net during the 3-hit cycle
- The ball is LIVE if it touches the ceiling on your own side, otherwise it's dead
- When the ball is played more than once by a team, a <u>female player</u> must make at least one of the contacts.

#### **BREWTOWN MONEY BALL**

- Teams will be allowed to use a MoneyBall once per game; however, the server must be female
- The female server must call out "Moneyball" prior to her serve
- SERVE WON = 3 points
- SERVE FAULT = 1 point (i.e. serve goes out of bounds or into the net)

#### FAULTS / SIDE OUTS

- The volleyball hits outside of the boundaries
- A player contacts any part of the net between the antennas while in the act of playing the ball
- A team hits the ball four times

- A player hitting the ball two times consecutively (does not apply to a block to a hit by the same player)
- A player touches the ball or an opponent in the opponent's space before or during the opponents hit
- A carry, lift or throw
- Not using a female on one of the three hits, unless the volleyball goes over on first hit
- An illegal rotation occurs
- A player steps over the center line underneath the net

# **SERVICE**

- Servers must always be positioned behind the end line prior to contacting the ball. The entire width of the court is available to the server
- A foot on the line at the time the ball is contacted is a foot fault violation and will result in loss of serve and a point for the opposing team
- Players may not attack or block a serve.
- A serviced ball may hit (or make contact with) the net on the way over to the opposing team's courtside

# **BLOCKING**

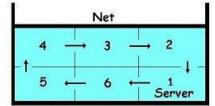
- A player may block any ball that will cross the net.
- A block is any hit that is both off an opposing player's attack and makes contact with the ball above the plane of the net. A block contact is not counted as a team hit, and a team is entitled to three hits to return the ball
- The first hit after the block may be executed by any player, including the one who blocked the ball

## **ATTACKING**

- Only players that are positioned on the front line may attack. Players from the back court must be behind the ten-foot line before attacking
- When attacking a ball, the player cannot cross over onto the opponent's side of the net

## **ROTATION**

- Teams should rotate clockwise after every side out
- After each set, teams will switch sides



Court positions and rotation direction

## **SUBSTITUTIONS**

- Continuous rotations will be used for substitutions
- The live player should rotate out AFTER playing in the <u>2</u> position
- If using subs, the team is committed to the continuous rotation for the entire game

# FORFEIT RULE

- If your team has to forfeit, please respect the league and notify us 24 hrs prior to your game time
- Last minute forfeits will be charged a \$60 fine. This fine must be paid PRIOR to playing next scheduled game

# **LEAGUE REMINDERS**

- Team Captains are responsible for controlling the behavior of their teams
- All Teams will make the playoffs. The Regular Season will determine the Playoff Seeds.
- Coupons will be rewarded for MVPs, Team Defense (hold opponent to a total of **30 pts** or less) or Team Shutout (win a match, 3-0).

